

The following chart offers a brief comparison of Levonorgestrel-based ("LNG-based") emergency contraceptives, such as Plan B One-Step, and Ulipristal-based ("UPA-based"), such as ella.

	Plan B One-Step [®] (Levonorgestrel)	ella [®] (Ulipristal)
Effective for	72 hours/3 days	120 hours/5 days
Efficacy if taken after 24 hours	95%	65% more effective than Plan B One-Step®
Efficacy if taken within 72 hours	88%	42% more effective than Plan B One-Step®
Effective after 96 hours?	No	Yes
Effective around ovulation?	Less so	Yes
Weight Limit	165 lbs	195 lbs
BMI Limit	26	30
FDA Approval	1982	2010
FDA Approval for OTC Sale	2006	n/a
FDA Approval without age restrictions	2013	n/a
Method of Action	Prevents ovulation; ensures sperm do not reach existing eggs.	Prevents ovulation; changes the uterine lining, making it difficult for an egg to embed and preventing implantation.